

The background of the slide is a dark, high-angle aerial photograph of a city at night. The city lights are visible, and a complex network of glowing blue lines connects various points across the image, suggesting a global or digital network. In the top left, there is a solid tan-colored rectangle containing the text 'IPA Health'.

# IPA Health

Global Concierge Health Care

Health Care Support

Key Person Health

# TABLE OF CONTENTS

Our Mission	<b>5</b>
Why Choose IPA	<b>6</b>
Services	<b>7</b>
Key Person Health	<b>8</b>
Aircraft / Nautical / Automobile Access	<b>9</b>
Integrative Medicine and Preventive Care	<b>10</b>
Longevity Medicine	<b>11</b>
Mental Health	<b>12</b>
Tourists / Hotel Medicine	<b>13</b>
Foreign Consulates / Contractors	<b>13</b>
Membership	<b>14</b>
Partnerships	<b>15</b>
Affiliates	<b>16</b>
Languages Supported	<b>18</b>

# IPA HEALTH

## OUR MISSION



- We believe first class healthcare should be accessible to you and your loved ones regardless of the hour, time zone or proximity on the planet.
- We believe healthcare decisions should not be motivated by insurance companies, but instead should be where they belong, in your hands.
- We practice prevention to avoid disease and to support longevity in key persons such as corporate executives and families alike.
- Whether at home, on your yacht, plane or in an exotic land, IPA Health provides you the security of **first class healthcare support**.
- Our panel of renowned health experts will empower you with all relevant health information, including the most up-to-date and best treatment options, in order to support you in making informed decisions regarding your health care.
- We will be with you every step of life to advise you when it comes to critical health decisions.
- We believe your health is a priority, your time is valuable and that you should not have to wait an unreasonable time to be seen by a healthcare specialist.
- Our expert health panel will continually follow your progress and discuss second and third opinions on your behalf so you don't have to.
- At IPA Health, we believe excellent healthcare should be available to everyone, so we offer our services to the underprivileged through numerous charitable projects.

*"Our Health Panel will research all scientific evidence and even consider alternative medicine to identify leading healthcare providers and the most effective treatments regardless of geography, even if not available in your particular country."*

# WHY CHOOSE IPA

## FACTS:

- Supervision of medical care markedly reduces complication rates and improves outcome (Journal of the American Medical Association);
- Third highest cause of death in the US is medical error (US Center for Disease Control and Prevention);
- Misdiagnosis occurs in up to 20% of patients with 28% of these being life threatening, leading to death or permanent disability (National Center for Policy Analysis 2013);
- Up to 30% of surgeries performed on patients are unnecessary (Journal of American Medical Association 2011);
- 10% of all hospital deaths are due to medical error (US Center for Disease Control and Prevention (CDC);
- 65% of travelers get sick and 10% need medical care;
- Outcome of cardiac or stroke health events are dependent on the delivery of care in the first 60 minutes.

## OUR SOLUTIONS:

- 24/7 Access to a physician regardless of your location around the globe;
- Reassurance that you're receiving the absolute best in healthcare particularly if your local country's healthcare system does not meet your needs and expectations;
- Expedited appointments with leading vetted specialists;
- Expert ongoing oversight of your care by IPA professionals;
- Travel advisory and emergency preparedness;
- Negotiations of healthcare costs to limit your expenses;
- Multilingual service;
- All your medical records are encrypted and available at a moment's notice.

*"Reassurance that you're receiving the absolute best in healthcare particularly if your local country's healthcare system does not meet your needs and expectations."*

## SERVICES

- Annual executive physical and clinical testing
- Health screening including initial genetic testing to identify your risks for cancer, heart disease among others
- Collection and encryption your medical records
- Proactively manage your health by emphasizing prevention and longevity
- Research and implementation of best individualized treatments
- Real time support and intervention
- Health panel oversight of your medical care
- Multilingual coordinators
- Arrange transportation to and from healthcare facility
- 24/7 medication delivery
- Negotiate healthcare expenses
- International medical evacuation
- International vision and dental
- Global travel safety advisory
- Global incident monitoring system with push notification, travel news and security alerts
- SOS tracking system that turns your phone into a personal safety device

## KEY PERSON HEALTH

*"Our Key Person Health Plans are the natural adjunct to key person life and disability policies."*

**A**t IPA we promote healthy living and disease prevention among executives and key staff to not only promote longevity but also reduce risk for the companies that rely on them for success and viability. Our Key Person Health Plans are the natural adjunct to key person life and disability policies.

IPA Key Person Health plans include:

- 24/7 Global concierge healthcare;
- Annual executive physical examinations and laboratory testing;
- Initial genetic testing to evaluate for predisposition to any health problems;
- Real-time support and intervention;
- Ongoing oversight of your health and medical care;
- Pharmacies to deliver meds 24/7;
- Medevac in case of emergency;
- International security assistance;
- Aircraft / nautical access;
- Global travel safety advisory;
- Global incident monitoring system with push notification, travel news and security alerts;
- SOS tracking system that turns your phone into a personal safety device;
- Emergency kit customized to each member family individualized to their health and travel needs;
- Exercise physiologists;
- Nutrition counseling;
- Drug and alcohol rehabilitation.



# AIRCRAFT / NAUTICAL / AUTOMOBILE ACCESS

Our mission is to provide premiere healthcare to individuals around the globe whether on land, in air or at sea. Whether you or your loved ones are experiencing the common cold or chest pain, our panel of specialists is urgently available to aid in diagnosing and treating your condition while you're on the go. Should your condition require it, we are able to urgently medevac you to one of our affiliated care facilities.

Our staff is further able to equip vessels with necessary healthcare equipment and medical supplies along with crucial training for your staff to deal with health emergencies. Our custom installed satellite communication system connects our healthcare team to IPA's health monitoring equipment on your vessel, enabling us to accurately follow your vital signs anywhere in the world. To better prepare for health emergencies in air or at sea, please contact us to establish the necessary protocols.

- Secure automobile, aircraft and nautical access;
- Satellite telemedical device with live feed vital signs;
- Individualized emergency medical kit;
- Medevac.



## INTEGRATIVE MEDICINE AND PREVENTIVE CARE

*"IPA's integrative health seeks to restore and maintain your health and assure your longevity by addressing your unique set of physical, emotional, mental, social and environmental factors which together affect your health."*

**H**ealth is defined by the World Health Organization as a state of complete physical, mental and social wellbeing and not merely the absence of disease. IPA's integrative health seeks to restore and maintain your health and assure your longevity by addressing your unique set of physical, emotional, mental, social and environmental factors which together affect your health. Based on excellent rapport, a thorough review of your health records, a detailed executive physical as well as tests including genetic markers, our panel of practitioners personalize their care to address you as a whole. We do so using a multidisciplinary approach integrating western evidence based medicine with more traditional alternative modalities. We practice proactive, predictive medicine to assure you live long and THRIVE.

IPA's team of adjunct healthcare professionals include:

- Physical therapists
- Geneticists
- Nutritionists
- Occupational therapists
- Exercise physiologists
- Pharmacists
- Holistic doctors
- Rehabilitation counselors
- Psychologists
- Life coaches



# LONGEVITY MEDICINE

**W**hile so much attention is given to having adequate insurance coverage in case of unforeseen events, healthy living and measures to extending longevity are often overlooked. At IPA Health we emphasize prevention and healthy lifestyles to assure our members live long and thrive. Our scientific approach is individualized to your genetics, body composition and many other social / psychological factors. We begin with thorough executive physical examination and laboratory tests to assess your baseline. Genetic markers for coronary artery disease, cancer, stroke and other conditions are evaluated in everyone to determine means of reducing risks for all these conditions. Concentrations of several factors in our bodies change as we progressively age. IPA's longevity panel meticulously reviews all these factors and recommends modifying them to more youthful levels in order to improve your energy while reducing your risks for many health conditions. You may also choose to supplement your system with scientifically based antiaging factors. Physical trainers on our team will aid you in developing healthy exercise habits and nutritionists will guide you and your staff in eating a healthy diet specialized to your particular needs.

At IPA we look forward to taking you to your best health and keeping you there so you may thrive.

*"We practice proactive,  
predictive medicine to  
assure you live long and  
THRIVE."*



## MENTAL HEALTH

*"We alleviate the difficulties associated with treating and managing mental health diagnoses by swiftly identifying the issue, connecting you with the best treatment course..."*

**M**ental health and addiction matters are often one of the most sensitive and challenging issues an individual may have to face in his or her lifetime. At IPA, we have built an extensive network of healthcare professionals to provide custom and individualized therapeutic options for individuals and families.

We alleviate the difficulties associated with treating and managing mental health diagnoses by swiftly identifying the issue, connecting you with the best treatment course, and building you a support network of specialists to remedy your particular condition.

IPA believes not only in treating disorders, but also preventing relapse. When you're in a time of crisis, making important life-changing decisions effectively can be difficult or even impossible. Our goal is to understand your unique and personal circumstance and guide you and your family to make decisions that will support long-term success. Our mental health services include:

- Intervention for those unwilling to seek treatment on their own
- Detoxification
- Sober Living
- Private Care
- Residential Treatment
- Outpatient Treatment
- Evaluation and Assessment
- Psychiatric Services
- Self-Help Groups
- Therapy
- Life Coaching
- Alternative Holistic Treatment
- Post-treatment case management and support

## TOURISTS / HOTEL MEDICINE

**W**e've found that most tourists or ex-patriots in a foreign country turn to their hotels or consulates for advice on healthcare providers particularly at times of emergency. Finding a leading physician or hospital for the particular health concern can be an ominous task. IPA Health offers its services on an individual basis around the globe. With our network of leading physician and hospitals, we're able to prioritize appointments and closely follow the care of your citizens until they're safely home. If staying at a hotel, we will send one of our highly qualified physicians to your room for your utmost convenience. We compile all health records and forward them to the patient's physician at home to assure optimal continuity of care. Given that most visitors to other countries have no health insurance, we negotiate costs with the healthcare providers to minimize expenses.

## FOREIGN CONSULATES / CONTRACTORS

**I**PA Health offers its services as a group plan to all consulates / embassies across the world. We overlook their care throughout to provide continuous second and even third opinions while minimizing medical errors and assuring optimal care. We monitor their daily care to provide continuous second and even third opinions while minimizing medical errors to assure the optimal care.

IPA's panel will watch your back when traveling in isolated parts of the globe. We're able to send medics and physicians to remote environments. When necessary, our teams will have former military qualifications from the U.S. and U.K. Former clients include traveling politicians and executives, movie locations, and oil industry explorations.



## MEMBERSHIP

*"Dedicated to the proposition that everything is possible, we ensure our Members' needs and expectations are always satisfied, if not surpassed."*

**W**hether it's for business or pleasure, our Private Membership and Corporate Services are designed so that everything is catered to our members' preferred level of assistance and tailored to their personal requirements. Dedicated to the proposition that everything is possible, we ensure our Members' needs and expectations are always satisfied, if not surpassed.

In addition, we offer various membership levels for people who want the added peace of mind of knowing that they will have access to top medical care at any time around the globe. Plans include:

### Executive Care Plans

Designed for executives to take advantage of IPA's global healthcare services in their aim to prevent disease, receive immediate medical care when necessary, and of course assure longevity.

### Family Membership

Offered to families to share IPA's services from pediatric care, OG/BYN, cardiology to integrative medicine, we're available 24/7 to assure the best in healthcare preventive medicine.

### Corporate Membership

Ideal as a benefit to corporate executives or all employees, IPA will assure your staff are well looked after even when traveling to the most remote locations.

Our corporate membership is also the perfect adjunct to key person insurance by not only preventing illness and effectively treating conditions, but also assuring longevity of your key executives or team members.

# PARTNERSHIPS

## American International Group – AIG

IPA Health is proud to provide global concierge healthcare to clients of American International Group, Inc. (AIG), a leading global insurance organization. Founded in 1919, today AIG member companies provide a wide range of property casualty insurance, life insurance, retirement products, and other financial services to customers in more than 80 countries and jurisdictions.

## American Express Company

American Express relies on IPA Health for our global concierge healthcare support. American Express was founded in 1850, and is one of the 30 components of the Dow Jones Industrial Average. The company is best known for its credit card, charge card, and traveler’s cheque businesses. In 2016, credit cards using the American Express network accounted for 22.9% of the total dollar volume of credit card transactions in the US. American Express has 102.4 million cardholders around the world.



# AFFILIATES

## USA

- Mayo Clinic
- Cleveland Clinic
- Massachusetts General Hospital
- Johns Hopkins Hospital
- UCLA Medical Center
- New York-Presbyterian University Hospital of Columbia and Cornell
- UCSF Medical Center
- Northwestern Memorial Hospital
- Hospitals of the University of Pennsylvania-Penn Presbyterian
- NYU Langone Medical Center
- Barnes-Jewish Hospital / Washington University
- MD Anderson
- City of Hope
- Children's Hospital
- UPMC Presbyterian Shadyside
- Brigham and Women's Hospital
- Stanford Health Care-Stanford Hospital
- Mount Sinai Hospital
- Duke University Hospital
- Cedars-Sinai Medical Center
- University of Michigan Hospitals and Health Centers
- Houston Methodist Hospital
- University of Colorado Hospital, Aurora

## AUSTRIA

- Privatklinik Döbling

## AUSTRALIA

- Royal Prince Alfred Hospital
- The Prince of Wales Teaching Hospital

## CANADA

- Princess Margaret

## CHINA

- St Michaels Hospital
- Guangzhou United Family Clinic
- Shanghai East International Medical Center
- Beijing United Family Hospital and Clinics

## FRANCE

- Assistance Publique Hôpitaux de Paris
- American hospital of Paris
- Institut Gustave Roussy

## GERMANY

- University Clinic Heidelberg  
Universitätsklinikum Heidelberg
- International Neuroscience Institute

## HONG KONG

- Hong Kong Adventist

## INDIA

- Fortis Hospital

## ISRAEL

- Hadassah Hospital

## ITALY

- Istituto Oncologico Veneto

## MEXICO

- Grupo Médica Sur
- Centro Médico ABC
- Hospital de las Americas

## NETHERLANDS

- Erasmus Medisch Centrum Universiteit  
Medisch Rotterdam



## **SINGAPORE**

- Parkway Hospital Group

## **SOUTH AFRICA**

- Chris Hani Baragwanath Hospital

## **SOUTH AMERICA**

- Hospital Italiano de Buenos Aires
- INCA Instituto Nacional de Câncer

## **SPAIN**

- Barcelona Centre Medic

## **SWEDEN**

- Karolinska Hospital
- Sahlgrenska University Hospital

## **SWITZERLAND**

- Centre Hospitalier Universitaire Vaudois Lausanne
- Klinik Hirslanden in Zurich

## **TAIWAN**

- Sun Yat-Sen
- Taipei Veterans General Hospital

## **THAILAND**

- Bumrungrad International Hospital

## **UAE**

- Cleveland Clinic

## **UK**

- The National Hospital for Neurology and Neurosurgery
- Royal Brompton and Harefield
- The Royal Marsden
- Great Ormond Street Hospital
- The Priory Hospital
- London Clinic

# LANGUAGES SUPPORTED

We support customers originating from every continent with more than 30 languages spoken at IPA.

- Arabic
- Azerbaijani
- Bengali
- Burmese
- Chinese
- Danish
- Dari
- Dutch
- English
- Farsi
- Filipino
- French
- German
- Hindi
- Hungarian
- Italian
- Japanese
- Javanese
- Korean
- Norwegian
- Polish
- Portuguese
- Romanian
- Russian
- Spanish
- Swahili
- Swedish
- Turkish
- Ukrainian
- Urdu
- Vietnamese



An aerial night view of a city, likely Los Angeles, with a complex network of glowing blue lines and dots overlaid on the image, suggesting a global or digital network. The city lights are visible in the background.

## Headquarters

36 North Bedford Drive, Suite 202  
Beverly Hills, California 90210

**Tel:** 310.385.7700

**Fax:** 1.310.385.0001

**Toll-Free:** 833.IPA.HEALTH  
(833.472.4325)

**International:** +1.310.385.7700

**[www.IPAHealth.com](http://www.IPAHealth.com)**

**[Contact@IPAHealth.com](mailto:Contact@IPAHealth.com)**